

# RLRI South Central 2024 Program Summary – College Station, TX

Friday Evening	February 16
CVM Hosts	Nancy Krutzsch and Dr. Rocky Lindsey
Evening Challenge	8:00pm
<b>"The Paralytic Healed. The Light Shines"– Dr. Rocky Lindsey</b> Our profession is surrounded by darkness. How can we infuse it with Light?	
Praise & Worship	9:00pm
Saturday	February 17

Devotional 8:30am

#### "He's Worth It!" - Dr. Wendy Bray

Self-care must be present to live a healthy life and to serve God to the fullest! Come learn about 8 Pillars of self-care and leave with simple action steps that you can put into effect immediately, along with the key to making these steps a reality.

<u>TAMU Vet School Tour</u>	9:30am

Session One 11:20am

# "You've Got the Wrong Girl: Anxiety, Imposter Syndrome and Faith in Veterinary Practice" -

# Dr. Michelle Kurkowski

We will be discussing the often-hidden reality of anxiety, perfectionism and imposter syndrome in veterinary practice. This will include personal anecdotes from lessons learned in both clinic work and short-term missions as well as how this issue might be affecting our profession as a whole. We will look at Biblical examples of leaders suffering from anxiety and how faith in Christ is the antidote to self-doubt and spiritual warfare.

"Finding Peace Over Anxiety in a World of Decisions" Dr. Clay Ashley

Life can overwhelm with choices. As Christians, we're also supposed to be concerned with what God wants us to do. How do we know what God wants us to do and be at peace with the decision? How do we choose our veterinary career, our place to live and work, or whom we marry? Dr. Ashley will share from experiences in private practice, on the mission field in Mongolia and China, and in academia of how he finds peace in life.

#### "Pave the Way for Others" – Amber Pierce

We practice veterinary medicine in a broken world, therefore it will eventually let us down. But what mentality shift can we take to change our outlook on our team, clinic, and the world that we practice in to be the person in vet med that we wished we had?

Lunch, CVF group updates, Paul Yurksaitis devotion, Praise & Worship 12:15pm

# "This Little Light of Mine" - Paul Yurksaitis

Are you letting it shine? We are commanded to let our light shine, so we will take look at John 1:5 and Matthew 5:16 on just how significant the light of Christ is in our lives and how we are to let it shine in the world around us.

Session Two 2:20pm

# "The Power of the Pivot" – Dr. Bethany Schilling

Have you ever had a dream or desire that did not fit with your internal peace that comes from the Holy Spirit? Have you ever been afraid to set down that dream or desire and look at where the Lord might be leading you? Participants can come learn about how shifting your focus or pivoting in a new direction can be one of the scariest, bravest, and most-life-giving experiences of your life. "He will keep in PERFECT PEACE those whose minds are stayed on Him because he trusts in You." Is 26:3

"Paw Prints on our Hearts: Processing Grief and Loss of a Pet" - Dr. Sara-Louise Newcomer It is likely that you, or someone you know has experienced the loss of a pet. A relationship with a cat, dog, or another animal can be impactful because of the human-animal bond. We live in a world that is growing in recognizing that impact yet is often uncomfortable with grief, especially associated with an animal. This talk seeks to provide tools to help you or someone you know understand and process grief and loss, associated with a beloved pet. And ultimately, to find ways to move towards the light and hope that God provides, even in the face of such loss.

#### "Blessed to be a Blessing" - Dr. E

Exploring how God's promise to Abraham to bless all the families of the earth continues to be fulfilled through veterinary medicine.

Session Three 3:20pm

#### "Burning My Blueprints" – Dr. Catherine Shoemake

This presentation stems from an unglamorous mess of imperfect determination to live fully surrendered to Jesus and follow him into, through, and beyond veterinary medicine, and God's grace

and faithfulness to hoist me through the muck again and again. My untidy story has been a source of treasures along the way that I want to share and help you understand God is present from the darkest, tangled depths to the brightest, clearest victories. This is neither a graceful how-to guide nor a journey of defeat. It is an unexpected journey of hope, a tale of promise, an invitation to revel in the expansive and delightful mystery of God's faithfulness and design for each and every beautiful life intentionally crafted by Him (P.S. that's you!)

# "Trusting God in Hard Times" - Katie Blount, LVT

During this session I will talk about the loss of my father who was my inspiration into veterinary medicine and the person I would talk to when I need an opinion on something. I will bring up biblically how that also looks and scriptures that I leaned on during that time of loss. I will discuss that everyone has various hard times and how we can rely on the Lord during those times because he promised us peace in Him. I will also bring up the struggles from a veterinary perspective and how we can be a light to our clients during their time of loss and hard times.

# "Ruminating on the Word" - Dr. Beau Schilling

Rumination is a beautiful and deep analogy for scripture intake, study, and application. New to the faith? Testimony to share? Join Dr. Schilling for a multi-level rumen dive into grazing behavior and spiritual building blocks. Participants will be encouraged that they can humbly lead others to be in the Word. For God, who said, "Let light shine out of darkness," has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ (2Cor4v6 ESV). There will be time for sharing resources and testimonies.

Fellowship Break 4:00pm

Session Four 4:40pm

# "Sharing our Faith with Your Clients" - Dr. Dan Posey

**Scripture:** 2 Timothy 1:7 For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.

The presentation is focused on how to make your practice your ministry. We will discuss methods to share the good news of Jesus Christ through your service and push back on the spirit of timidity. We have abundant opportunities in our practices to remain faithful to the evangelism mission of the church. We should remain faithful to the Lord and endure the uncertainty of sharing. Paul's gospel motivated Timothy to persevere.

# "Clearing the Ashes" – Dr. Brian Shoemake

Not only does life, especially in Christ, go beyond veterinary medicine, it also often goes beyond what we may think it ought to include. We pass through times where we find ourselves searching for meaning from the mix of joy and pain that comes our way. In this presentation I intend to share with you the tools I have been given in my seasons like these and to walk you through realizing and practicing the enduring and resilience, through the love and mercy of Christ, that is required to persevere through all aspects of life. It is my desire to affirm God's presence and faithfulness in your life, just as I have had to learn and believe the same for mine, so that you may in turn do the same for others.

# "Keeping on His Path - Following Christ as a New Graduate" - Dr. Taylor Hood

As a new graduate, there are so many things that have competed for my attention – settling into a new city or home, getting used to a new practice, staying on top of practicing excellent medicine, finding a new church home, meeting new people, starting to pay back your loans... there was a lot to do! I found myself struggling to keep my focus on Christ and truly finding rest in Him. I was reminded on a well-known scripture that I had read through many times before – "Your word is a lamp to my feet, a light on my path".

Session Five 5:35pm

# "This Little Light of Mine..." - Dr. Jay Griffin

God's Word is living and active, sharper than any two-edged sword. We will explore God's word. In so doing, we will behold His majesty and discover His will for our service to Him as veterinarians.

#### "Confessions of a Missionay" – Dr. Mack Boyd and Dr. Coalson Lacey

I hope to convey my story of how the Lord got me to a place of volunteering for my first CVM trip 20+ years ago, some of the memorable things I've experienced and some places I've been, along with the people. I've seen the Lord do some incredible things along the way. I hope that I can ignite a spark in some of the participants to go out and experience how powerful the gift of Short-Term Service can be.

You are never too "green," or too young, to begin your adventure with CVM - whether through stepping up as a CVF leader or taking the plunge and saying "YES!" to long-term missions! God is looking for willing vessels to fulfill the Great Commission. By opening up your heart, and saying "YES!," God can use you in ways you can't imagine and take you further than you ever dreamed!

#### "Loving Your Neighbor – Who is my Neighbor?" – Dr. Lauren Hoerster

Seeing others through the eyes of Jesus in our current culture. Ephesians 6:12 "For our struggle is not against Flesh and Blood..."

Dinner 6:35pm

Evening Challenge 7:45pm

# "Riding the Teeter-Totter; Looking at Work/Life Balance through the Lens of a Biblical Worldview" - Dr. Paul Kline

The topic of Work/Life Balance is one that is a source of frequent discussion and occasional disagreement in our profession. Almost everyone agrees it's important but not everyone agrees on what it is or how to maintain it. This talk will attempt to look at the subject from a Biblical perspective, using scriptures and life examples of Bible characters to consider the question, "How can we better ride the Teeter-Totter of Life?

Praise & Worship 8:40pm

# Sunday February 18

Sunday Morning Challenge 8:30am

#### "Who am I? Who do YOU say I am? Nancy Krutzsch, CVPM

We all navigate different roles within our lives, and for many of us, we consider those roles our identity. In this session, we will explore what scripture says about who we are and who we are called to be.

Sunday Morning Service

9:30am

**Central Church** 



