



Northeast RLRI 2026 Program Summary – Delta Lake, NY

Friday Evening	January 16
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CVM Hosts Dr. Kara Song

Evening Session Dr. Kara Song - *“Tools for Sharing the Gospel”*
In this interactive session, come learn and practice skills for sharing your story (testimony) and God’s story (giving the Gospel).

Worship/Prayer Dr. Mike Cunningham

Saturday	January 17
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During the Breaks

“Financial Talks” – Dr. Kara Song

During meals, the afternoon break, or evenings, feel free to chat with Dr. Kara Song about your personal student debt journey as you attempt to navigate changes in federal student loans and repayment plans while also planning for the future. This is based on her personal experience.

*Dr. Song is not a financial advisor.

Worship and Session One 9am

“The Long Term Impact of Short Term Missions” - Dr. Maria Syska

The impact of short term missions is not just on the community that you go to serve. My first trip to Nicaragua as a vet student was a very formative event in my life-one that I pray all students would have the opportunity to experience. Join me to hear how short term missions, both international and domestic, have shaped my faith and how I chose to practice veterinary medicine.

Session Two 10am

“Perspective on STM: A Panel” – Dr. Wolfgang, Adora Colicci, Gabby Heminger, and Sarah Nafziger

Each of the panelists has been fortunate enough to participate in short-term mission trips within the US or overseas. They will share the impact that can result from personal spiritual growth, sharing the Good News or improving living conditions for those in need. Many individuals are called to serve short-term, plus those who support such trips, often assume the ‘needy’ community will benefit the most. It is important to be humble enough to realize that those who serve may be just as needy as

those served, just from different perspectives. Have questions about short-term missions? Come hear from the panelists and ask your questions.

Session Three 11am

“Wellbeing Roundtable” - Dr. Mike McTigue

This session we will learn about the CVM Wellbeing Initiative. We will then dive into concerns and struggles faced by the participants through discussion and dialogue

Lunch 12pm

Session Four 1pm

“Real Life Ethical Dilemmas in Vet Med” – Dr. Karalynn Lonngren

Have you ever seen or been in a situation in vet med where the vet felt pressured into an action they were not comfortable with for moral/ethical reasons? In this case based discussion we will explore real life scenarios that veterinarians face on a daily basis where they feel torn between external pressures and what they feel they "should" do. Warning this talk may also contain "RANDOM MUSINGS of a newish grad".

Session Five 2pm

“First Years Out Panel” – Drs. Mike Cunningham and Rosie DiDonato

Come hear from some veterinarians who are in their first years out in practice and come ask questions you may have about those first years out.

Fellowship Time/Study Break 3:00pm

Dinner 5:30pm

Session Six and Worship 7:00pm

“You go, You Share, and You Are Changed” - Dr. Paul Rudenberg

Though we respond to the Great Commission to share the love, healing and freedom of Christ with others, we are profoundly changed through the process. As wounded healers and servants made of clay, the Gospel reaches deeply into us, especially through fellow travelers as we attempt to love and reach others. That’s the way of the Spirit, the way of growth, and the way of mission. In this discussion of my response to the call to go to Haiti, and my work there over the years, I will relate some of the ways I have been changed, blessed, and transformed.

Fellowship Around Fire 9:00pm

Sunday	January 18
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Devotional and Worship 9:00am

“Psalm 100” – Pastor Joseph Bove

