

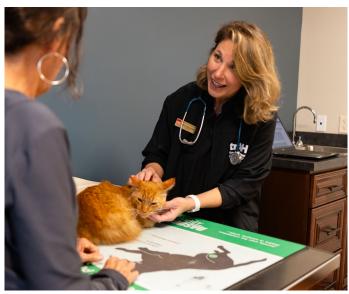
Are You Alay?

Thank You for helping people find light in the darkness through your prayers and gifts.

cvm.org/areyouokay

Sometimes we're not okay. Dr. Kelley Phillips found herself in a dark place last year.

If you have a passion for shining the light of Jesus through veterinary medicine check out her story below and consider becoming a supporter of CVM to minister to colleagues in darkness. As we approach the end of our fiscal year, CVM is facing a significant budget deficit. Annual giving is down \$220,000 as compared to last year. Simply put, CVM needs your help to shine the light of Jesus through veterinary medicine. We ask that you prayerfully consider a gift. To become a CVM Sustainer with a monthly recurring gift, check the first box on the right-hand side of the receipt below.



Dr. Kelley working with a long time patient & client

Kelley's story:

In the idyllic city of Greenville, South Carolina, Drs. Kelley and Bryant Phillips appeared to be living a charmed life. And in many ways, they were. Between their five children, the 75-person veterinary hospital they owned and operated, small farm, and homeless ministry, they never lacked meaningful activity.

For Kelley, the activity began to define her. "Achieving is a way of life for many of us. From childhood when we begin earning our way into veterinary school, through practice ownership, motherhood, and even serving the Lord there is always more we can do," Kelley recognizes.



Drs. Kelley & Bryant with their five children

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The Staff at Travelers Rest Animal Hospital

And the activities were all so good. Their clinic, Travelers Rest Animal Hospital, was in the running for the AAHA hospital of the year in 2021. Kelley and Bryant spent time loving the homeless locally every month and served with CVM in short-term missions. They ignited a passion for serving in their children and their three oldest now join them on CVM trips to Honduras. Their youngest daughter was adopted through the foster care system. They have shined Christ's light to so many people and the world is brighter because of them.

But the light inside of Kelley had started to dim. One morning after the normal chaos of getting five children to school, she headed to the clinic. On the commute across town, her light was almost extinguished as she made the instantaneous decision to purposefully steer her car toward a concrete wall on the interstate.

"I had not been contemplating suicide until that moment, but it was all just too much. I still don't know how my car corrected its course and I got to work unscathed. When I

walked in and Bryant saw my troubled face, he asked, 'Are you okay?' I didn't lie. 'No, I'm not okay, I need help."

Over the next year, Kelley joined a recovery program at her church, where she processed through 12 steps to overcome issues with people-pleasing and control. The healing she experienced was so life giving that when the program started again the next year, she became a leader.

"After I recognized I was not okay, the darkness in me was exposed and brought to the light where I could find healing. I learned that Peace is a person, and His name is Jesus."

Kelley shares her story because she has found that so many others in our profession struggle in similar ways. The first step to recovery is admitting we need help. Ask the people in your life if they're really okay. If you need help, please reach out to a CVM friend or trusted professional. And if you would like to be part of CVM's ministry to the veterinary profession, please consider a gift to help us serve those who are serving people and their animals around the world. There is hope and peace in Jesus. Help us shine His light!

We appreciate Dr. Kelley Phillips' courage in sharing with the CVM family about her journey and how she is finding true peace through Jesus.

Join us in ministering to colleagues and standing alongside them, building community to share Christ's light.

"The light shines in the darkness, and the darkness has not overcome it." John 1:5

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Dr. Lee Myers Chief Executive Officer

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