



## RLRI North Central 2024 Program Summary – Kansas State University

### Friday Evening January 19

**CVM Hosts** Dr. Elizabeth Mendoza  
Nancy Krutzsch, CVPM

**Evening Challenge Worship/Prayer** Dr. Rocky Lindsey – *“The Paralytic Healed. The Light Shines”*

### Saturday January 20

Devotional 8:30am

**“Children of the Light – Ephesians 5:1-20” - Dr. Matt Basel**

If Jesus is the light of the world, then we must bring our lives to His light and let it expose our darkness and make us children of the light.

Session One 9:25am

**“When the Light Feels Dim” - Dr. Adryanna Drake**

When seasons of life challenge us, how do we find our way through? When life gets messy, how can we keep from drifting away from what matters most? This session will discuss ways to navigate challenges imposed by cultural forces and life events, then emphasize how we can be guided by our values to make difficult decisions.

**“Finding Light in the Midst of Darkness: The Value of Quiet Times and Christian Community During Vet School and Early Into Practice” - Dr. Elizabeth Brehm**

Does school sometimes seem like a desert island, a dark tunnel with a glimpse of light at the end? Join for some thoughts and anecdotes on finding light and hope in the midst of what sometimes feels like a gloomy and challenging journey through veterinary school and beyond.

**“Who Am I? Who Do You Say I Am?” – Nancy Krutzsch, CVPM**

We all navigate different roles within our lives, and for many of us, we consider those roles our identity. In this session, we will explore what scripture says about who we are and who we are called to be.

Session Two

10:45am

**“Dealing with Depression” – Dr. Kelly Crowdis**

We will talk about the signs and symptoms of depression and treatment options while I share my personal testimony of dealing with depression.

**“Right Here, Right Now” – Dr. Brad White and KSU Students**

Sharing your “testimony” simply means sharing what God is doing or has done in your life. Come and be encouraged to hear KSU students share their stories about living in faith, even during vet school. You can be used by God right here, right now where He has planted you.

**“Euthanasia – Good Death” – Dr. Trisha Kvasnica**

One of the hardest parts of our job is saying goodbye. It doesn't have to be a dreaded event! This can be a time of bonding and connection like nothing else we do. If we can master this, clients can turn into friends. After providing in-home euthanasia for over ten years, Dr. K can teach you some ways to actually look forward to this part of our job!

Session Three

11:45am

**“Praying with Confidence” - Dr. Ed Epp**

Do you believe that God is present in every situation, in every moment, and supremely interested in you? Do you trust that He leans in when you talk to Him in the silence—and in the chaos? Or, on the other hand, do you imagine He's more of a million-miles-away kind of God? The off-in-heaven type? Many feel like God created the world, put it in motion and is somewhat indifferent towards us. Some believe that He exists and is somehow essential to our lives, but don't have a personal relationship with Him – certainly not one that is real, deep, and conversational.

**“Dr. and Mother and Wife, OH MY!” –Dr. Katie Carpenter**

God has equipped us with skills and tools to serve him in all aspects of our life, including marriage, motherhood and the veterinary profession. It is up to us to utilize those skills in a manner that is pleasing and honoring to God. The balance of it all can be exhausting and can take a toll on your mental and physical health; however, it can be done successfully.

**“Shining the Light on Being Flexible in the Non-Essentials” – Dr. Aric Brandt**

This session will include discussion surrounding practices of an ideal employee and ideal employer. How do we act on “Jesus values?” Learning to be flexible regarding location, species, type of practice, and ownership opportunities can be a challenge! We must remember to also prioritize the important, non-urgent parts of life. We seek to disciple and be disciplined. We will allow time for questions from the audience to help guide the discussion. Group participation will be encouraged to share ideas.

Lunch 12:35pm

Session Four 2:30pm

***"Work/Home Life Balance - How your Faith Can Impact Your Direction" Dr. Alex Grieves and Dr. Christine White***

Managing the daily routines and struggles of work life and home life can often intertwine, especially on hard days. How can we lean on our faith to manage these challenges? We will discuss our experiences for a fulfilling career and harmony at home, and how our faith is at the center of it all.

***"Living Holistically – The Consistent Christian" - Dr. Walter Renberg***

Between life's stresses and the lure of secular temptations, it is hard to live consistently in every part of our lives. We tend to compartmentalize our Christianity or ignore our weaknesses. Does our Faith speak to every aspect of our lives and the world around us? This talk will be a call to seek a faithful stance on all that we encounter and encourage each other in ways to be consistent in the witness we present.

Session Five 3:45pm

***"The Power of Significance"- Bliss Steele***

Are you significant, do you have self-worth and value? Our value is not dependent on our ability to earn the fickle acceptance of people, but rather, its true source is the love and acceptance of our creator, God. When we've tasted significance, there's no going back. And as leaders, as people who influence others, it's never been more important to live and inspire a life of significance.

***"Importance of Discipleship" – Dr. Mary Peter***

What is discipleship? What is the importance of being discipled and discipling others? Is it something we should be doing and what does that look like? Let's discuss the importance of discipleship and some practical applications to living the great commission.

***"From Receiving the Light, to Spreading It – CVF to Missions" - Dr. Corey and Kaethe Gallagher***

Be encouraged and challenged as we share our God story from CVF group to Long-Term Missionaries.

Session Six 4:45pm

***New(er) Grad Panel***

Join a group of recent graduates to ask questions and hear from them about what has surprised them since starting out in veterinary practice.

***Sharing Christ in the Workplace Panel***

Ask questions and share thoughts about how we can be a light for Christ in the veterinary profession.

***Missions Panel***

Missions on your mind? Come ask questions and learn from short and long term CVM missionaries!

Kansas State Vet School Tours 5:30pm

Dinner 6:30pm

Evening Challenge 7:30pm

***“This Little Light of Mine, Are You Letting it Shine?” – Bliss Steele***

We are commanded to let our light shine, so we will wrap up the weekend by reviewing John 1:5 and Matthew 5:16 on just how significant the light of Christ is in our lives and how we are to let it shine in the world around us.

Worship and Prayer 8:20pm

**Sunday** January 21

Visit Area Churches and Head Home!

**Faith Manhattan Church:** 7:45am, 9am, 10:30am!

**Flint Hills Global Methodist Church:** 10am  
Wamego Middle School – 1701 Kaw Valley Rd, Wamego

